



August 31

August 10

21 days SAVES

prayer and fasting





corporate gatherings

**when
two or
more are
gathered
together**



i am there with you

corporate gatherings

pine trees site: vespers

A TIME OF SACRED REFLECTION WITH SCRIPTURE READING,
LITURGY, AND MEDITATION:

WEDNESDAY, AUGUST 13TH, 6:30 PM

WEDNESDAY, AUGUST 20TH, 6:30 PM

WEDNESDAY, AUGUST 27TH, 6:30 PM

alii drive site: prayer hours & worship nights

PRAYING THE PROMISES, SCRIPTURE READING, MEDITATION,
& WORSHIP:

THURSDAY, AUGUST 14TH, 6:30 PM @ ALII DRIVE

THURSDAY, AUGUST 21ST, 6:30 PM @ ALII DRIVE

THURSDAY, AUGUST 28TH, 6:30 PM @ ALII DRIVE

INTERCESSORY & WARFARE PRAYER MTWTF 4-5 PM





Dear Living Stones,

2025

For 21 days we get to embark on a journey of deepening our faith together. Use these 21 days to soak in God's presence and find hope in him. During these 3 weeks we commit together to change up our routine, asking God to do extraordinary things in and through us!

prayer



fasting

HOW TO PARTICIPATE:

Commit these 21 DAYS to God as sacred.

Pray every day.

Incorporate fasting.

Read your Bible.

Keep a journal. Write down what you hear.

Join in one or more of our corporate gatherings.

Do it all expecting results.





prayer of

*Lord,
my God,
my one hope,
hear me,
that I be not unwilling, through
weariness,
to seek you,
but that I may always ardently seek your
face.*

*Give me the strength to seek,
since you have made me in order to find
you,
and have given me the hope of finding you
more and more.*

-St. Augustine of Hippo

devotion





WESTMINSTER CONFSSION OF FAITH

There is but one only, living, and true God, who is infinite in being and perfection, a most pure spirit, invisible, without body or parts, immutable, immense, eternal, incomprehensible, almighty, most wise, most holy, most free, most absolute; working all things according to the counsel of His own immutable and most righteous will, for His own glory; most loving, gracious, merciful, long-suffering, abundant in goodness and truth, forgiving iniquity, transgression, and sin; the rewarder of them that diligently seek Him; and withal, most just, and terrible in His judgments, hating all sin, and who will by no means clear the guilty.





meditate on truth

Apostles' Creed

I believe in God, the
Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his
only Son, our Lord. He was
conceived by the power of the
Holy Spirit and born of the
Virgin Mary.

He suffered under
Pontius Pilate, was
crucified, died, and was
buried.

He descended to the dead. On
the third day he rose again. He
ascended into heaven, and is
seated at the right hand of the
Father. He will come again to
judge the living and the dead.

I believe in the Holy Spirit, the
holy Church, the communion
of saints, the
forgiveness of sins,
the resurrection of the body,
and the life
everlasting. Amen





TRY NEW WAYS TO PRAY:

1. LECTIO DIVINA

*a method of devotional Bible reading used by the church
since the 3rd century*

SILENCIO - prepare. In this section truly take a pause. Slow your thoughts and your breath. Pray “Come, Holy Spirit.” Relax.

LECTIO - read. Read a Scripture passage slowly out loud and savor it. Is God highlighting a word? Attentively read, listening to God.

MEDITATIO - meditate. Now read it again out loud. Ponder it. Put yourself in the story of the Scripture. Talk to yourself about (meditate on) how this passage plays into your life right now.

ORATIO - pray. You will read the passage one more time. This is the time to respond to God in prayer over what it brings up in your heart, good or bad. Does it lead you to praise or repentance or action? Talk to Him. Maybe journal your prayer.

CONTEMPLATIO - contemplate. Instead of rushing out of this time, take a moment to sit with God after prayer. See if there is anything else Holy Spirit wants to say to you. Finish by surrendering to God in your heart and receiving His grace to walk out His word.





2. PRAYER WALKING is a good way to pray if you struggle to focus sitting still. You can walk and intercede. Pick a section of town, a store, a beach, a neighborhood to pray over. Invite the Lord's presence and power there as you walk. Ask His will to be done on earth as in heaven. You can also walk to pour out your heart to the Lord. Use your prayer walk to give him your burdens and listen for Him to respond.



3. INTERCESSORY PRAYER is when we participate with the Trinity in praying His will. Intercession is praying on behalf of someone, a group of people, or a situation. In intercession, we engage in spiritual battle. It is often exerting. We have to "armor up" in order to pray fervently. Read Ephesians 6:10-20. On the next page you can make a list of intercessory prayer targets.





PRAYER TARGETS

I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. 2 Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity. 1 Timothy 2:1-2, NLT

FRIENDS/FAMILY:

NEIGHBORS/CO-WORKERS:

GOVERNMENT OFFICIALS/LEADERS:





fasting

THE GOAL OF FASTING IS TO DRAW NEARER TO GOD. BIBLICAL FASTING ALWAYS HAS TO DO WITH ELIMINATING DISTRACTIONS FOR A SPIRITUAL PURPOSE; IT HITS THE RESET BUTTON OF OUR SOUL. FASTING CAN HELP US CELEBRATE THE GOODNESS AND MERCY OF GOD IN A MORE FOCUSED WAY, AND IT PREPARES OUR HEARTS FOR ALL THE GOOD THINGS HE DESIRES TO BRING INTO OUR LIVES.

REMEMBER YOUR PERSONAL FAST SHOULD PRESENT A LEVEL OF CHALLENGE, BUT IT IS VERY IMPORTANT TO KNOW YOUR BODY, YOUR OPTIONS, AND MOST IMPORTANTLY, TO SEEK GOD IN PRAYER AND FOLLOW WHAT THE HOLY SPIRIT LEADS YOU TO DO. FIND THE TENSION BETWEEN CHALLENGE AND GRACE, AND THEN PRESS INTO THAT PLACE WITH THE LORD.

*DEAR LORD,
I ASK FOR GRACE IN THIS SEASON OF FASTING. MY HEART'S DESIRE IS TO PLEASE YOU AND FOLLOW YOUR EXAMPLE. MAY I HAVE HEALTHY THOUGHTS AS I GO INTO THIS TIME OF FASTING. I SUBMIT MY WILL TO YOU, MY DESIRES TO YOU, AND MY PREFERENCES. FILL MY MIND WITH YOUR WORK WHEN I FEEL WEAK, AND MAKE MY SPIRIT STRONGER. AMEN.*

fasting





types of fasts

Complete fast

This is liquid-only. Typically water with clear juices or broths as an option.

Selective fast

This type of fast takes certain things from your diet. The Daniel fast is an example, where Daniel abstained from meat, sweets, and bread.

Partial fast

This fast is sometimes called the Jewish fast and means you don't eat certain hours of the day, for example sunup to sundown.

Soul fast

Soul fasts can help those with health issues to still engage in fasting, or helps refocus areas of your life that might be out of balance. Examples of a soul fast may be cutting out social media, tv, or toxic relationships.

MY FASTING PLAN





**THE LORD
BLESS YOU AND
KEEP YOU. LET
HIS FACE SHINE
UPON YOU AND
BE
GRACIOUS TO
YOU. THE LORD
TURN
HIS FACE
TOWARD YOU
AND GIVE YOU
PEACE.**

**ONLINE
RESOURCES**





**continue
steadfastly in
prayer, being
watchful
in it with
thanksgiving
Col. 4:2**

**21 days
21 days**

